

## **Andromeda: Healing + DNA Repair**

### **60min**

### Introduction

This audio contains Ancient Solfeggio Frequencies of 528Hz (“Transmutation and Miracle” frequency), this frequency has anti age and DNA Repair properties. Frequencies and sound can be found all over the universe, they help to create balance. Listening to this Solfeggio frequency will help you, as you are part of the universe, to reach balance and clarity. The DNA Repair process of this specific Solfeggio comes with an improvement of life energy, clarity of mind, awareness, boosted creativity, deep inner peace and it can help you to reach deep spiritual experiences. In a physical level it helps to synthesize the human growth hormone or HGH that boosts the regeneration of tissues (skin, hair, muscles), and organs (bones, heart, lungs, liver, kidneys).

### Description

The human growth hormone (HGH) is produced in the pituitary gland, it synthesizes proteins and therefore it boosts the development of tissues and organs, specially bones, heart and liver.

Despite that human growth finishes at adolescence, this hormone segregates almost our entire lives since it's necessary for the synthesis of new tissues that replace aged ones. Also it's indispensable for its vital action on the metabolism, it boosts the use of fat as energy, therefore it melts it away helping to build muscle.

The quantity of HGH in a healthy adult is reduced approximately 14% every decade after you reached the age of 30. In many cases it's been completely exhausted at the age of 70. The American Association of Clinical Endocrinologists suggests that the deficiency of the growth hormone is relative to the age, with a series of symptoms that are easy to recognize:

- Fatigue.
- Reduction of body mass.
- Reduction of strength.
- Reduction in physical capacity and performance.
- Anxiety.
- Sleeping issues.
- Heart rate reduction.
- Lack of energy.
- Unbalanced and uncontrolled emotions.

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- Increase of weight and obesity.

Do you suffer from any of this symptoms?

Then, there are high chances that your body is struggling for keeping fit and with energy. You are the ideal applicant for this audio therapy.

### How to use it

This sound can be used at any time you consider necessary. For it to have a better effect, you must be comfortable and focused only on the sound, in a place where you feel comfortable and without distractions.

Make sure that you are not going to be disturbed during the audio session. Go to the toilet, drink water if you need to and assure that you have no pending things to do while you are listening to the audio therapy.

When the therapy starts, close your eyes and relax. Your eyes must be closed even if you are using led goggles. During the session you must be as relaxed as possible, any worry that you might have may interfere with the pattern of brain waves of the sound and decrease or even null the desired results.

This session requires the use of headphones. It is very important to use your headphones in the right way, always using the right channel for the right ear and the left channel for the left ear. This is because the audio might have information for the right hemisphere of the brain or for the left hemisphere in each channel.

Turn the volume to a comfortable level. If you are using led goggles you may also want to adjust the brightness.

Remember, it is highly recommended to drink a glass of water before each session, especially if you are using led goggles.

### Must not use

We recommend people who have any of the following conditions not to use this audio:

- Epileptics.
- People with pacemaker.
- People that suffer or are prone to suffer seizures.

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- People under the influence of alcohol or any other mind changing substances, either legal or illegal.
- It must not be used when driving or operating with machinery.
- Photosensitive people must not use led goggles.

Can use this audio only with medical authorization:

- Pregnant women.
- People under the influence of medications or drugs.
- People under 18 years old must be checked by a doctor to assure that they don't suffer from epilepsy or any other illness that might produce seizures.